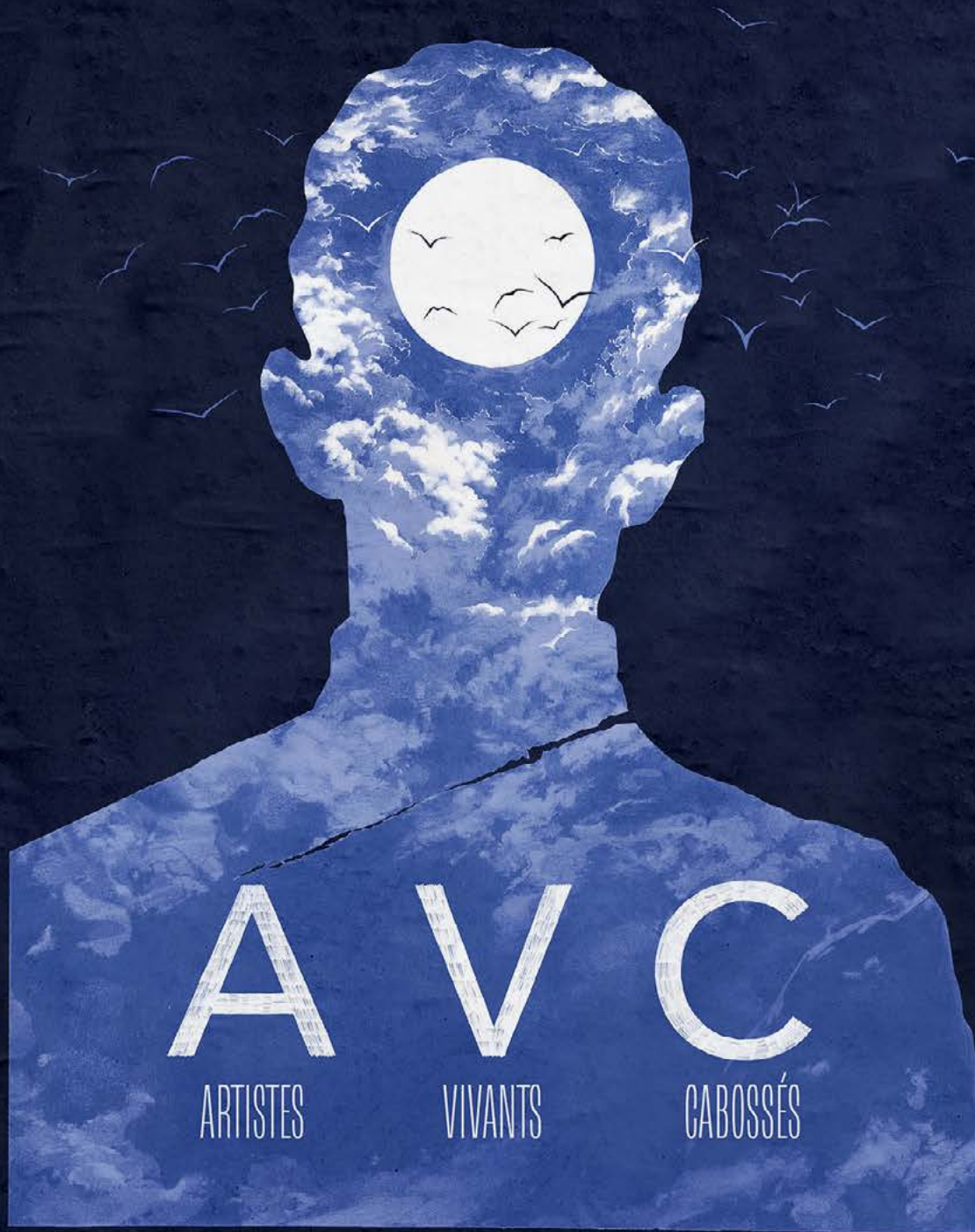




# Les Évadé·e·s

PRÉSENTENT



**A V C**  
ARTISTES VIVANTS CABOSSÉS

Graphisme : P. Bouchard



# AVC ARTISTES VIVANTS CABOSSÉS

Falls, strokes, isolation, various traumas, budget cuts, cancer.

This show was not supposed to come into being, resignation having become an insurmountable horizon...

And yet-no! A surprising conjunction of desires for life refused to accept it!

Solidarity-multiform and unboxed-and enthusiasm, that god that wells up inside us, gave birth to a group: the Évadé-e-s, made up of people struck by life's accidents and driven by the desire to transcend their after-effects by stepping on stage.

Artistes Vivants Cabossés is the fruit of an inspiring adventure, marked by obstacles, which sprouted just over 5 years ago during music-therapy workshops and benefited from the support of performing-arts professionals, cultural and community stakeholders, friends and friends of friends, relatives and strangers, moved by the journey of the Évadé-e-s and becoming Évadé-e-s themselves.

This project took shape over this last year, during which Samuel-initiator and driving force of the show-faced a cancer from which he recovered. Each Évadé-e, like each person who will attend the show, will heal from something: that is the inspiration and the aspiration of Artistes Vivants Cabossés.

This show exists to awaken our senses and, above all, to set our heartstrings vibrating in a soothing whirl of music, video, song, and poetry. This musical tale offers an introspective reflection on our own relationship to love, which hides in our cracks and trembles in the encounter with others.

The Évadé-e-s offer a unique performance at each show because it is carried by people who have survived life ruptures that affect memory. The message they deliver is universal and meant to awaken singular resonances in each person.

Although developed over several years, Artistes Vivants Cabossés gives pride of place to the raw art of these Évadé-e-s, used to the margins, who-during this show-will be at the center of your attention.



# STATEMENT OF INTENT

## POETICS OF THE SHOW

The fall of the identity that tyrannizes us so much in our societies makes us lose our footing and our wings.

I no longer know how to love myself;

I no longer know how to love. Through the ruptures life makes us live through-whether human loss, health troubles, financial difficulties, heartbreak, etc.- beyond the initial trauma, might it be possible to hear an invitation to reconsider everything, in view of a transformation enriching for oneself and for others?

We spend our lives learning to love for real.

Doesn't the key to life as we know it lie in the necessity of the free gift? And isn't it in the freedom of this gift of self, and in meeting others, that this learning of love can begin?

Are these ruptures able to offer us the chance to learn-or to relearn? Aren't we in a perpetual beginning again?

I am a beginning...



*Stay imperfect, stretched out, suspended.*



## AN ACTIVE HUMANISM

The Évadé·e·s collective exists above all through encounters-human and social-that do good.

It brings together people with disabilities and others who are not, performing-arts professionals and amateurs, from different generations and socio-cultural backgrounds.

This diversity becomes one in the shared desire to perform together on stage with a show written and carried in common, whose name looks like us:

*Artistes Vivants Cabossés.*



This show aims to express our singularities, the acceptance of difference, and the transcendence of a truth of love through the acceptance of one's own vulnerability and that of others.

It is at once artistic, poetic, therapeutic, social, and inclusive. Since its genesis it has carried the many human ruptures of its performers, which it explores through the themes spoken, sung, and projected. The existence of this show demonstrates the importance of moving through life together, taking care of one another. An apparent banality too often neglected...

Aren't we all, each at our own level, trying to escape from ourselves, from our lives, from our pains? Aren't we, deep down, all Artistes Vivants Cabossés? This show invites us to keep, in every season, this intention of the heart toward others, for it is together that we can find ourselves and fulfill ourselves.

To transcend difference not through tolerance, but through friendship. To believe in oneself with the other, and together create a performance in which everyone can recognize themselves. The Évadé·e·s' AVC project belongs to everyone: it looks like us and brings us together.

Our wish is simple: to give hope, joy, and love to everyone-especially those who need it most-through the power of doing together.

Samuel Dehr, author and stage director

# GENESIS AND TRIBULATIONS OF THE ÉVADÉ·E·S

A serious accident in 2013, followed by a long path of care and rehabilitation, led Samuel, a musician, to launch his first music-therapy workshops. Having been immersed during his convalescence in the world of people with brain injuries and multiple trauma-and struck by the geyser of hope and beauty it contains-he gradually directed his teaching toward people with disabilities.

A music-therapy workshop in a day-care association was set up and settled in over time. The intensity of exchanges within the workshop, as well as the evolution of the writing and composing work, progressively established trust and a desire to go further-sparking the slightly crazy dream of performing together. What if we shared more widely the richness of our lived experience, the beauty of our work, and the singular value of each one of us? What could be better than going toward others to avoid isolation?

In 2019, this dream was christened "Les Évadé·e·s de la cafetière" by Frédérique, never short of self-mockery. A music group was born: it is called "Les Évadé·e·s".

## FROM WORKSHOPS TO REHEARSALS, A SHOW TAKES SHAPE

For 3 years, the Évadé·e·s met several times a week as part of the workshops.

A first performance-modest but exhilarating-took place at Place de la République in Paris, on the occasion of "La Nuit du Handicap".

Over time and encounters, a network of professionals and volunteers formed around the Évadé·e·s, and a shared live-performance project was born: *Artistes Vivants Cabossés*.

## FATE, BAD LUCK... RESIGN OURSELVES TO THE SHOW NEVER SEEING THE LIGHT OF DAY?!

June 2022: the medico-social structure hosting the Évadé·e·s suffered a sudden budget cut, sounding the death knell for the workshops. At the same time, Samuel was diagnosed with a rare autoimmune illness, myasthenia, as well as an equally rare cancer of the thymus. This improbable conjunction jeopardized the project's realization. Give up? The question was asked... but this show project was a will inscribed in each Évadé·e, and the beating heart of Samuel's convalescence. The Évadé·e·s are the joy of being together, sharing, expressing ourselves. It is also a music therapy for each and every one.

A crowdfunding campaign was launched; 100 donors responded, and goodwill poured in, turning the Évadé·e·s into a true community-diverse and tight-knit-in harmony around a project that speaks to everyone, and that works for peace and openness.

Samuel recovered from cancer. A first performance date was set with the Jacques Bravo center, on July 1st, 2023. This performance, filled with deep emotional resonance, launched a series of other shows, including the one on November 26th, 2023 at the Zénith de Lille, where the Évadé·e·s opened for the musical Bernadette de Lourdes.

The story is written as we tell it...



**Watch the interview with Samuel (12 min)**, punctuated with images from the AVC adventure, in which he looks back on the origins of the Évadé·e·s, their journeys, and their intentions.

# WHO ARE THESE ÉVADÉ·E·S?



**Frédérique Lebeure**, Vocals, narration, vocalist

"Following a bicycle accident and a coma, I had to interrupt my professional activity in Spain and return to Paris, where I moved back into the family home. My short-term memory has failed me ever since. The workshops helped me relearn how to live and above all how to live in community. Thanks to this adventure I reclaimed my voice, which had been severely damaged by the accident and the various operations it caused. With this show, I hope that some people will find their ways-voices again."

**Éric Bégué**, Solo wind player, Melodica

"Before my accident I worked in sales, loving to talk and drawn to meeting others. I am passionate about music and have played clarinet since my adolescence. I went to the Conservatory; I played in symphony orchestras and as a soloist, in auditions and concerts. I have had 8 strokes since 2010, which left me aphasic, forcing me to express myself differently. The Évadé·e·s adventure allows me to express myself, to speak in my own way, and that's what I'm looking for. It does me a world of good to be able to make music in a group; it's essential."



**Joris Lequilleuc**, Percussion, Narration

"I've been Parisian all my life, and when I was in my final year of high school, an accident took my sight. At that time I was the drummer in a band. Music was my life. Then everything shifted. With the Évadé·e·s, I give it my all; I love it. Going on stage is an achievement. After that, I'd like us to be able to record an album."

**Samuel Dehr**, Creation, staging, texts and vocals

"I am a singer-guitarist, singer-songwriter and performer, holder of various music diplomas (notably obtained at EDIM) and artistic-teaching diplomas. Personally concerned by disability (I have been officially recognized as a disabled worker for nearly 10 years), I have developed my reflections with this audience on different ways to combine group cohesion, the expression of singularities, and therapeutic support (cognitive, motor). I was lucky to meet the other members of the group in 2016 during my work in the structure that hosted them. Since then, it has been nothing but happiness."



**Thomas Touzan**, Drums

**David Ferreira**, Guitar

**Ahmed Elhefnay**, Bass

**Anatole Couety**, Dance

**Gustavo Cabarcas**, Video

**Maxime Briend**, VJ

**Maxime, Jean-Charles & Pierre-Emmanuel, Thibault, Christelle**, Communication & organization

# Les Évadé·e·s

The story is written as we tell it...



YouTube Channel

**Press contact**

[contact@les-evadees.fr](mailto:contact@les-evadees.fr)